

Losing a limb is a difficult experience for anyone at any age. You may feel anxious, confused, frightened, even lonely. All these are perfectly normal and are shared by many others.

The professionals at SCOPE Orthotics and Prosthetics, Inc. recognize and understand these feelings. Since 1982, SCOPE has been committed to the highest quality of individualized care and caring needed to help people with amputations achieve the greatest level of function and independence possible.

Our certified prosthetists are an integral part of the rehabilitation team, which includes you, your family, your doctor and your physical or occupational therapist.

Together, we will work to help you achieve the highest possible level of function, comfort and acceptance as you learn to use and live with your new prosthesis.

Space-age materials such as titanium and carbon fiber are now used to design light-weight, durable, energy-storing artificial limbs. The result is a more comfortable, natural looking prosthesis that better replicates "normal" movement. Today, most people with amputations return to productive and independent lives, doing many of the activities they could do before their surgeries.



Headquarters

7720 Cardinal Court
San Diego, CA 92123
(858) 292-7448
(800) 55-SCOPE

Children's

8008 Frost Street
Suite 407
San Diego, CA 92123
(858) 560-0660

Chula Vista

895 Third Avenue
Building 2
Chula Vista, CA 91911
(619) 585-8421

El Centro

1600 South Imperial
Suite 15
El Centro, CA 92243
(760) 336-0333

Escondido

475 North Grape Street
Escondido, CA 92025
(760) 489-0533

Laguna Woods

24331 El Toro Road
Suite 335
Laguna Woods, CA,
92637
(949) 583-9667

Kearny Mesa

7720 Cardinal Court
San Diego, CA 92123
(858) 292-7448

La Jolla

4150 Regents Park Row
Suite 265
La Jolla, CA 92037
(858) 453-1933

La Mesa

8875 La Mesa Blvd.
Suite B
La Mesa, CA 91941
(619) 589-9980

Mission Viejo

2644 la Alameda
Suite 320
Mission Viejo, CA 91041
(949) 367-6600

Orange

1920 E. Katella
Suite I
Orange, CA 92867
(714) 639-7422

Temecula

31213 Temecula Pkwy.
Suite 105
Temecula, CA 92592
(951) 506-7850

Torrance

1319 W. Carson Street
Torrance, CA 90501
(310) 320-5777

Vista

1929 West Vista Way, Suite A
Vista, CA 92083
(760) 941-1323

www.scop.net



Living with your Amputation

Choosing Your Prosthetist

It is important to choose your prosthetist as carefully as you do your doctor. Because you will have a very close and long-term relationship with your prosthetist, your choice is a very personal one. Here are some facts to consider when making that decision:

Certification: The American Board for Certification in Prosthetics and Orthotics, Inc. (ABC) ensures the highest standards of education, training, and level of professionalism. Look for the title of Certified Prosthetist and Orthotist (C.P.O.) Or Certified Prosthetist (C.P.) when choosing your prosthetist. SCOPe has a large staff of ABC certified prosthetists.

Experience: When it comes to designing the most appropriate prosthesis and getting the best fit, experience counts. Do not hesitate to ask questions and get recommendations from others.

Choose a certified prosthetist who is thoroughly familiar with your particular level of amputation. SCOPe prosthetists have more than 250 years of combined experience and are nationally known for their expertise in prosthetics.

Communication: The relationship with your prosthetist is long-term and requires open, honest communication. SCOPe's prosthetists work closely with you throughout your recovery and rehabilitation. Communicating your needs, expectations, concerns, and lifestyle goals ensures that you will receive the best prosthetic care available.

Location: You will make many trips to your prosthetist's office for fitting and adjustments, especially during the first year. Consider location and any scheduling needs when choosing a prosthetist. SCOPe offices are located near major medical centers throughout the county.

Insurance Coverage: Many HMO and PPO insurance plans now have provider agreements and you may be required to use certain prosthetists. As the leading provider of prosthetic services, SCOPe has provider agreements with all major HMO and PPO providers. SCOPe is also a provider for Medicare, Medi-Cal, Department of Rehabilitation, County Medical Services, Veterans Administration, and California Children's Services. In addition, our insurance specialists are available to discuss costs and payment options.

Free Resources can be found on www.scop.net regarding "Questions to Ask Your Practitioner" and "Web Links".

