

Best Fit

The relationship with your orthotist is long-term and requires open, honest communication. SCOPE's orthotists work closely with you throughout your recovery and rehabilitation. Communicating your needs, expectations, concerns, and lifestyle goals ensures that you will receive the best orthotic care available.



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The Body Jacket



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SCOPE
orthotics - prosthetics
Making Dreams Happen™

The Body Jacket

Purpose

A Body Jacket is a rigid brace to protect and immobilize the spine. The Body Jacket is custom designed to fit the individual's body as snugly as possible. The doctor will determine how long the Body Jacket must be worn.

Putting on the Jacket

The positioning of the Jacket is extremely important. Log roll onto the side and place the back half of the Jacket parallel to the back, then roll into the back half of the Jacket. Once this is in the proper position, lay the front half on the chest and attach with the Velcro straps snugly. The side edges should overlap by at least one inch.

Proper Fit and Placement

To test for proper placement, position the indentations on the side of the Body Jacket, above the hipbones and just below the ribs or in line with the belly button. The front edge of the Jacket will press slightly on top of the legs when sitting, and the bottom of the Jacket will be approximately one inch above the sitting surface.

Preventing Skin Problems

Check skin thoroughly under the Jacket for red or irritated spots everyday. Skin irritation may occur from moisture and bacteria on the skin or if the Jacket is not positioned correctly. Always wear a clean, dry, well-fitting, and 100% cotton T-shirt, avoid having wrinkles in the fabric.

Skin Products

Wiping the skin with alcohol wipes will help reduce moisture and bacteria under the Jacket. Powder and cornstarch may also be beneficial, but too much can cake and cause problems.

Bathing

The doctor can give bathing instructions and precautions. Remember, if the Jacket gets wet, it must be completely dry before it is put back on or skin irritation could occur.

Chaffing & Pressure Spots

If a red area does not go away after 20 minutes of having the brace removed, the brace could be too loose or too tight. Check the position and tightness of the Jacket. If the problem persists, after the Jacket has been repositioned, contact a SCOPE Orthotist.

Skin Rash

If the Body Jacket causes a rash or skin irritation, it may be due to heat, perspiration, or laundry detergent. Try changing the T-shirt more often and keeping the area clean and dry.



Cleaning the Jacket

Use water and an antibacterial soap to clean the Body Jacket. Make sure the Jacket is thoroughly dry before it is put back on. Rubbing alcohol may be used to wipe the Jacket to help destroy bacteria that may be present and to remove soap residue.

Reminder...

Never attempt to repair or adjust the Body Jacket. If there are problems or questions regarding the Body Jacket, please contact a SCOPE Practitioner. SCOPE will work closely with a physician to ensure the best orthotic treatment possible.



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